



**CATHOLIC  
FOUNDATION**  
OF SOUTH LOUISIANA

# Designing Your LEGACY

## WHAT MATTERS MOST TO YOU?

### PUT YOUR VALUES INTO ACTION

As we rebuild our lives, we can make them stronger, more connected. One way to move ahead and shape the future is by developing a personal values inventory to guide our decisions. This can help you define and prioritize what's most important, as well as identify areas to develop further. An inventory allows you to:

**Create a sense of belonging.** A shared history or similar interests help you identify others like you. If you believe in our ministries, where can you extend your connection? Focus on "we," not "me."

**Find purpose and meaning.** Your skills and talents can lead to exciting opportunities to help others. Share your passions with your loved ones or organizations that can benefit, such as your parish.

**Dream big.** Use your values to set goals—whether for this year or 10 years from now. Involve others to amplify your impact.

**Deepen your values through philanthropy.** Weaving the two can make a significant difference for organizations that are close to your heart. Explore creative ways to give back. If you don't have the budget to help today, a future gift to the Catholic Foundation can be a meaningful way to help in the years to come.

Finding your value match is a powerful exercise that can help you feel good about your place in the community and the world. To discuss ways you can help our ministries, parishes and schools in the future, please contact us.



## *Have You Protected Your Loved Ones?*

Your family is counting on you. Request your FREE guide on how your estate plan can meet the unique needs of your loved ones (example question: Should your siblings be listed as a beneficiary in your will?). Use the enclosed reply card to get your copy today.

# A WORTHWHILE UPDATE

Often finding the time to sit and draft your will can be difficult and may feel like a daunting task. However, writing down your wishes for your family doesn't have to be difficult.

Having your plans drafted is vitally important. It gives your family peace of mind and clarity for how you wish to handle your affairs after you are gone and with the Lord. Once your plans are written, families should take the opportunity to pull out their original will on a regular basis and be sure it is up to date as our lives change so much over the years.

Recently, while home during COVID, a husband and wife of Lower Lafourche broke out their original 25-plus-year-old will that they initially drafted when they began their family and reviewed and made necessary changes to reflect their lives. Today, their children are in college and a simple refresh of their will was a great exercise to go through for the family.

The family was also able to sit and discuss what their legacy looked like for their children and the ministries they love. Through a simple discussion with the Catholic Foundation, the family added two sentences to their will ensuring that their school and church parish, Our Lady of the Rosary Catholic Church and Holy Rosary School, receive an endowed gift, ensuring their perpetual support.

*“Our Catholic church and Catholic school has played a vital role in our lives, not only for my husband and I personally, but also in the lives of our children as we raised them these past 18-plus years. Leaving a legacy gift for Holy Rosary Church and Holy Rosary School was one of the easiest ways we could give back to be sure they have the support to minister to families long into the future. The Catholic Foundation made it easy to include these two ministries in our will.”*

—anonymous donor



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